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Mon, May 26, 2014 at 8:40 PM

To: tsimpkins519@gmail.com

### Scholar Alert: [ allintitle: yoga ]; Articles excluding patents

#### [Prevalence of orthorexia nervosa among ashtanga \*\*yoga\*\* practitioners: a pilot study](#)

JH Valera, PA Ruiz, BR Valdespino, F Visioli - *Eating and Weight Disorders-Studies ...*, 2014

Purpose Orthorexia nervosa (ON, ie, fixation on righteous eating) is a poorly defined disordered eating behavior that results from a pathological obsession with food, its purported nutritional value, composition, origin, etc. Methods We investigated the ...

#### [A Study of Effectiveness of a Five-Week Wii Fit \*\*Yoga\*\* Training Program on Flexibility and Balance in College-Aged Females.](#)

J Christie, S Jackson, J Sloan - 2014

Abstract This study was designed to determine if five weeks of Wii Fit **Yoga** training would result in significant improvements in flexibility and balance. It was hypothesized that Wii Fit **Yoga** training (WII, n= 8), which required the completion of 12 **yoga** poses (30 minutes) on ...

#### [\[PDF\] The impact of laughter \*\*yoga\*\* on subjective wellbeing: A pilot study](#)

MK Weinberg, TG Hammond, RA Cummins - *The European Journal of Humour ...*, 2014

Abstract Laughter has been associated with a number of physiological and psychological benefits. Laughter **yoga** (LY) is a contemporary technique that encourages participants to mimic the act of laughing, with the goal of achieving positive psychological outcomes. This ...

#### [Association of \*\*Yoga\*\* Practice with Mortality in a Nationally Representative Sample of US Adults](#)

D Kachan - *The 20th IEA World Congress of Epidemiology (17-21 ...)*, 2014

METHODS: Data were obtained from the 2002 Alternative Medicine Supplement of the National Health Interview Survey (NHIS) and linked to the National Death Index through year 2006 (n= 28,790 with 1,377 dead at follow-up). NHIS participants were asked if they ...

#### [Communication as \*\*Yoga\*\*](#)

KC Blinne - 2014

Abstract In this dissertation, I am in conversation with the following questions: How can individuals and communities teach and learn to engage more peacefully, nonviolently, and compassionately with each other? Further, how can one practice a style of communication ...

#### [\[PDF\] \*\*Yoga\*\* in the Modern World: The Search for the " Authentic" Practice](#)

G Heerman - 2014

Abstract Western **yoga** practitioners and academics alike have become preoccupied in recent years with the thought of modernized, Western **yoga** practice existing in contrast to the transcendental, "classical" **yoga** of the East. This has led to the assumption that ...

#### [\[PDF\] Sahaja \*\*Yoga\*\* Meditation: An Essential Ingredient Of Stress Management](#)

[CAA Jain, A Belapurkar](#)

Abstract: In today's world no one can deny that they are not under stress. Today's lifestyle leads you under immense pressure and load either on your mind, body or soul leading to various problems in your life. Whether you talk about corporate or personal life, the era ...

[HTML] [Yoga could kill you! But it also might help with your low back pain](#)

[G Posts, P Team, H Equipment, CT Bar...](#)

In a review titled “the adverse events associated with **yoga**”, there were several unorthodox practices which resulted in further injury from doing **yoga**. Death was reported in a **yoga** practice where individuals were advised to do “mouth to mouth” breathing in which one ...

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